



Reg. No. : DRB4/SOR/204/2021-2022

PAN INDIA MASTERS GAMES FEDERATION (Reg.)

Regd. Offi. : #146, 10th Cross, Kempegowda Layout, Pipeline, Laggere, Bengaluru-560 058

Email: panindiamasters@gmail.com

Website : www.pimgf.org

Honorary President
Vishweshwaraiah

President
M. Prabhakar Rao
Mob. 9346937215

Secretary General
Nataraj D.A
Mob. 8970226667

Treasurer
Hemaprabha Laila
Mob. : 8884409735

Senior Vice Presidents

Dr. T.V. Rao
T.S. Balaraman

Vice Presidents

P. Ravikumar
Major Balaraj Singh
N. Annavi

Senior Joint Secretary

Tajuddin

Joint Secretary

Naganna Gowda

Legal Advisor

Ajith Achappa P.B.
(Advocate)

Executive Members :

Amanath Khan
(Madhyapradesh)
T. Sathyamurthy
(Tamilnadu)
Kiran Kumar Reddy
(Andhra Pradesh)
Anurag Rathi
(Chhattisgarh)
Machamma M.P.
Vijaya Ramesh

Chief Advisor:

Ms. Vandana Rao
(Olympian)

Media & Promotions:

Kaveri Shreya

Ref.No. :

Date: 15/12/2021

To,

All the State Secretaries/Convenors of PAN India Masters Games Federation.

CIRCULAR-1

1st PAN INDIA NATIONAL MASTERS GAMES-2022 at Bengaluru.

Date: 10th to 13th February 2022

This National level meet will be the selection trial for the forthcoming

World Masters Games-2022., Japan & Asia-Pacific Masters Games-2023 at South Korea

Games	Date	Stadium
Athletics	10-02-2022 to 13-02-2022	Sri Jayaprakash Narayan Youth Center, Vidyanagar, International Airport Road, Yelahanka
Volleyball	10-02-2022 to 12-02-2022	
Basketball	10-02-2022 to 13-02-2022	
Handball	10-02-2022 to 12-02-2022	
Kabaddi	10-02-2022 to 12-02-2022	
Weightlifting	13-02-2022	
Archery	13-02-2022	Padukone-Dravid Centre for Sports Excellence, Yelahanka, Bengaluru
Badminton	11-02-2022 to 13-02-2022	
Lawn Tennis	10-02-2022 to 13-02-2022	
Swimming	12-02-2022 to 13-02-2022	
Foot Ball	12-02-2022 to 13-02-2022	
10K Road Race	13-02-2022 at 7-00am	K.S.H.A. Stadium, Bengaluru
Hockey	12-02-2022 to 13-02-2022	
Table Tennis	10-02-2022 to 13-02-2022	

SCHEDULE:

OPENING CEREMONY: 10th February 2022 at 10.00am at Jayaprakash Narayan Youth Center, Vidyanagar

CLOSING CEREMONY: 13th February 2022 at 5.00 pm at Padukone-Dravid Centre for Sports Excellence

LAST DATE FOR REGISTRATION: Last date for submitting the entry forms along with the entry fees is on or before 20th January 2022.

Please send your Entry Forms to Email: panindiamasters@gmail.com
for more details : log on to Website : www.pimgf.org

All Entry fees to be sent to the following account. PAN INDIA MASTERS GAMES FEDERATION
KOTAK MAHINDRA BANK, Yelahanka Branch. C/A : 5746101431 IFSC: KKBK0008034

Correspondence : # 250, 1st Floor, 2nd Main, 17th Cross, Sampige Road,
Malleshwaram, Bengaluru-560 003. Mob. : 7406677444, 7406699444



Reg. No. : DRB4/SOR/204/2021-2022

PAN INDIA MASTERS GAMES FEDERATION (Reg.)

Regd. Offi. : #146, 10th Cross, Kempegowda Layout, Pipeline, Laggere, Bengaluru-560 058

Email: panindiamasters@gmail.com

Website : www.pimgf.org

Honorary President
Vishweshwaraiah**President**
M. Prabhakar Rao
Mob. 9346937215**Secretary General**
Nataraj D.A
Mob. 8970226667**Treasurer**
Hemaprabha Laila
Mob. : 8884409735**Senior Vice Presidents**Dr. T.V. Rao
T.S. Balaraman**Vice Presidents**P. Ravikumar
Major Balaram Singh
N. Annavi**Senior Joint Secretary**

Tajuddin

Joint Secretary

Naganna Gowda

Legal AdvisorAjith Achappa P.B.
(Advocate)**Executive Members :**Amanath Khan
(Madhyapradesh)
T. Sathyamurthy
(Tamilnadu)
Kiran Kumar Reddy
(Andhra Pradesh)
Anurag Rathi
(Chhattisgarh)
Machamma M.P.
Vijaya Ramesh**Chief Advisor:**Ms. Vandana Rao
(Olympian)**Media & Promotions:**

Kaveri Shreya

Ref.No. :

Date: 15/12/2021

ENTRY FEES

Games	Entry Fees	Age Category
Athletics	Rs. 500 For any three events	Age groups 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70 and above.
Badminton	Singles : Rs. 1000, Doubles : Rs. 1600 Mixed Doubles : Rs. 1600	Age groups 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70 and above.
Lawn Tennis	Singles : Rs. 1000, Doubles : Rs. 2000 Mixed Doubles : Rs. 2000	Age groups 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70 and above.
Volleyball	Rs. 6,000	Per Team of 12 Players and 2 Officials (Men & Women) Age groups 30-40, 40-50, 50-60, 60 & above
Basketball	Rs. 6,000	Age groups 30-40, 40-50, 50-60, 60 and above.
Football	Rs. 8,000	Per Team of 16 Players and 2 Officials (Men & Women) Age groups 30-40, 40-50, 50-60, 60 and above.
Table Tennis	Singles : Rs. 600, Doubles : Rs. 1200 Mixed Doubles : Rs. 1200	Age groups 30-35, 35-40, 40-45, 45-50, 50-55, 55-60, 60-65, 65-70, 70 and above.
Swimming	Rs. 600 For any three events	Age groups 25-30, 30-35, 35-40, 40-45, 45-50, 50-55, 55-60, 60-65, 65-70. We are not allowing the swimmers above the age 70.
Weightlifting	Rs. 500	Age groups 30+, 35+, 40+, 45+, 50+, 55+, 60. Weightlifter should submit their fitness certificate before the competition.
Handball	Rs. 6,000	Per Team of 12 Players and 2 Officials (Men & Women) Age groups 30-40, 40-50, 50-60, 60 and above.
Kabaddi	Rs. 6,000	Per Team of 12 Players and 2 Officials (Men & Women) Age groups 30-40, 40-50, 50-60, 60 and above.
Hockey	Rs. 8000	Per Team of 16 Players and 2 Officials (Men & Women) Age groups 30-40, 40-50, 50-60, 60 and above.
Archery	Rs. 800	Age groups 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70 and above.
10K Race	Rs. 900	Age groups 20 -29, 30- 39, 40 - 49, 50 - 59, 60 - 69, 70 and above.

NOTE : There will be 100% Entry Fee Rebate on 80+ age categoryCorrespondence : # 250, 1st Floor, 2nd Main, 17th Cross, Sampige Road,
Mallechwaram, Bengaluru-560 003. **Mob. : 7406677444, 7406699444**

1st PAN INDIA NATIONAL MASTERS GAMES-2022, BENGALURU

10th to 13th February 2022 - Bangalore

Organized by PAN INDIA MASTERS GAMES FEDERATION

Events list and Age Categories :

ATHLETICS

No	Event	Women Age Group	Men Age Group
01.	100 M	All Age Groups	All Age Groups
02.	200 M	All Age Groups	All Age Groups
03.	400 M	All Age Groups	All Age Groups
04.	800 M	All Age Groups	All Age Groups
05.	1500 M	All Age Groups	All Age Groups
06.	5000 M	All Age Groups	All Age Groups
07.	80 M Hurdles	40+, 45+, 50+, 55+, 60+	70+, 75+, 80+
08.	100 M Hurdles	30+, 35+	50+, 55+, 60+
09.	110 M Hurdles	Not Applicable	30+, 35+, 40+, 45+
10.	400 M Hurdles	30+, 35+, 40+, 45+	30+, 35+, 40+, 45+, 50+, 55+,
11.	300 M Hurdles	50+, 55+, 60+, 65+	60+, 65+, 70+, 75+,
12.	4x100 M (Mixed Relay)	All Age Groups	All Age Groups
13.	4x200 M (Mixed Relay)	All Age Groups	All Age Groups
14.	3,000 M Walk	All Age Groups	55+ to 80+
15.	5,000 M Walk	Not Applicable	30+ to 50+
16.	High Jump	All Age Groups	All Age Groups
17.	Long Jump	All Age Groups	All Age Groups
18.	Triple Jump	All Age Groups	All Age Groups
19.	Shot put	All Age Groups	All Age Groups
20.	Discus Throw	All Age Groups	All Age Groups
21.	Javelin Throw	All Age Groups	All Age Groups
22.	Hammer Throw	All Age Groups	All Age Groups
23.	Steeple Chase 3000 M	Not Applicable	30+, 35+, 40+, 45+, 50+
24.	Steeple Chase 2000 M	Not Applicable	55+, 60+, 65+, 70+
25.	Pole Vault	Not Applicable	All Age Groups
26.	10K Road Race	20+, 30+, 40+, 50+, 60+, 70+	20+, 30+, 40+, 50+, 60+, 70+

SWIMMING

01.	50M, 100M Butterfly	Men / Women 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
02.	Free Style 50M, 100M, 200M, 400M	Men / Women 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
03.	Back Stroke 50M, 100M	Men / Women 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
04.	Breast Stroke 50M, 100M	Men / Women 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
05.	200M Ind, Medley	Men / Women 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
06.	Free Style Relay 4x50M	Men / Women 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
07.	Ind. Medley Relay 4x50M	Men / Women 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+

Note : We are not conducting any Swimming events for the age group of 80+ and above

1st PAN INDIA NATIONAL MASTERS GAMES-2022, BENGALURU

10th to 13th February 2022 - Bangalore

Organized by PAN INDIA MASTERS GAMES FEDERATION

Events list and Age Categories :

WEIGHTLIFTING

No.		Weight Categories	Age Categories
01.	Men	55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg	30+,35+, 40+, 45+, 50+ & above
02.	Women	45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, 102kg	30+,35+, 40+, 45+, 50+ & above

NOTE : Weightlifters should bring your Own Weightlifting Suit

Events	Men and Women Age Group	Events	Men and Women Age Group
Badminton	30+, 35+, 40+, 45+, 50+,55+, 60+, 65+, 70+, 75+	Volleyball	30-40, 40-50, 50-60 & 60+
Lawn Tennis	30+, 35+, 40+, 45+, 50+,55+, 60+, 65+, 70+, 75+	Football	30-40, 40-50, 50-60 & 60+
Table Tennis	30+, 35+, 40+, 45+, 50+,55+, 60+, 65+, 70+, 75+	Basketball	30-40, 40-50, 50-60 & 60+
Kabaddi	30-40, 40-50, 50-60	Handball	30-40, 40-50, 50-60 & 60+
		Hockey	30-40, 40-50, 50-60 & 60+

NOTE : For Badminton event FEATHER SHUTTLE has been using.

ARCHERY	Men and Women Age Group	Distance
Compound	30+, 35+, 40+, 45+, 50+,55+, 60+, 65+, 70+, 75+	50M
Recurve	30+, 35+, 40+, 45+, 50+,55+, 60+, 65+, 70+, 75+	70M

NOTE : Every Archerist must bring their Own Bows and Arrows

Rules and Regulations :

01. This Event will be organized under the Covid-19 Rules & Regulations
02. Every Participant should bring Covid-19 Final Vaccination Certificate
03. Minimum 4 Teams must be there in the Team Games & 4 Participants must be there in the Individual Events
04. If Less than 4 Teams / 4 Participants are there in any Game / Events in that particular age category, then they must participate in the lower age category. (Except age 80+ and above)
05. Participant's age cut-off date will be 31-12-2021.

For more Information :

Please Call : 7406677444, 7406699444

Email: panindiamasters@gmail.com

panindia10krace@gmail.com

log on to Website : www.pimgf.org

LAST DATE FOR REGISTER: Last date for submitting the entry forms along with the entry fees is on or before 20th January 2022.

All Entry fees to be sent to the following account
PAN INDIA MASTERS GAMES FEDERATION
KOTAK MAHINDRA BANK
Yelahanka Branch
C/A : 5746101431
IFSC: KKBK0008034



ENTRY FORM

PAN INDIA MASTERS GAMES FEDERATION (Reg.)

1ST PAN INDIA NATIONAL MASTERS GAMES -2022, BANGALORE

10th to 13th February 2022 - Bangalore

State :..... Men/Women

State Secretary

PHOTO

BASKETBALL FOOTBALL HOCKEY

VOLLEYBALL KABADDI HANDBALL T Shirt Size.....

Sl.No.	Name of Player	Age Group	DOB	Address	Contact No.
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
Manager					

DECLARATION:

I/We hereby declare that we are in good health and in proper condition to take in the competition. I/We absolutely relive PAN India Masters Games Federation and organizing committee and sponsors for any responsibilities, injuries, physical loss or damage occurred to me or my property which may sustain in the course or in connection with the 1st PAN India National Masters Games-2022. PAN India Masters Games Federation and all event sponsors acknowledge that any action taken against us by the officials while performing their duties shall not give rise to any action of claims by the concerned officials of the organizing committee of 1st PAN India National Masters Games-2022.

For State without Association Kindly send by post to

Nataraj D.A. Secretary General, # 250, 1st Floor, 2nd Main, 17th Cross, Sampige Road, Malleshwaram, Bengaluru-560 003. or **Email: panindiamasters@gmail.com Website : www.pimgf.org**

Deposit the entry fees in the account "PAN INDIA MASTERS GAMES FEDERATION

KOTAK MAHINDRA BANK, Yelahanka Branch. C/A : 5746101431 IFSC: KKBK0008034

For Secretary Use

Received with thanks from.....Amount Rs.....

Entry Fee for event..... State..... dated.....

Signature



ENTRY FORM

PAN INDIA MASTERS GAMES FEDERATION (Reg.)

1ST PAN INDIA NATIONAL MASTERS GAMES -2022, BANGALORE 10th to 13th February 2022 - Bangalore

District :..... Men/Women

Secretary

ATHLETICS Track Event Field Event

State Secretary

SWIMMING Free Style Butterfly Back Stroke Breast Stroke

WEIGHTLIFTING 55 61 67 73 81 89 96 102

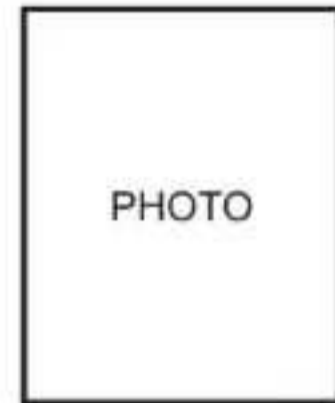
BADMINTON Singles Doubles Mixed Doubles

TABLE TENNIS Singles Doubles Mixed Doubles

LAWN TENNIS Singles Doubles Mixed Doubles

ARCHERY Compound Recurve

T Shirt Size.....



Sl.No.	Name of Player	Age Group	DOB	Address	Contact No.
01.					
02.					
03.					

Email.....

Individual Events: 1..... 2..... 3.....

DECLARATION:

I/We hereby declare that we are in good health and in proper condition to take in the competition. I/We absolutely relieve PAN India Masters Games Federation and organizing committee and sponsors for any responsibilities, injuries, physical loss or damage occurred to me or my property which may sustain in the course or in connection with the 1st PAN India National Masters Games-2022. PAN India Masters Games Federation and all event sponsors acknowledge that any action taken against us by the officials while performing their duties shall not give rise to any action of claims by the concerned officials of the organizing committee of 1st PAN India National Masters Games-2022.

Competitor Signature.

For State without Association Kindly send by post to
 Nataraj D.A. Secretary General, # 250, 1st Floor, 2nd Main, 17th Cross, Sampige Road, Malleshwaram,
 Bengaluru-560 003. or **Email: panindiamasters@gmail.com Website : www.pimgf.org**
 Deposit the entry fees in the account "PAN INDIA MASTERS GAMES FEDERATION
KOTAK MAHINDRA BANK, Yelahanka Branch. C/A : 5746101431 IFSC: KKBK0008034

Received with thanks from.....Amount Rs.....

Entry Fee for event..... State..... dated.....

Signature